



**Nova 4**  
**Lesson 05**

# Exploring Afghanistan

پښتو: له افغانستان څخه لیدنه  
دري: بازديد از افغانستان



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# Learning Objectives

**Talk about your travel experiences confidently in English**

**Describe places, landscapes, and activities during a trip**

**Learn vocabulary related to travel and local culture**



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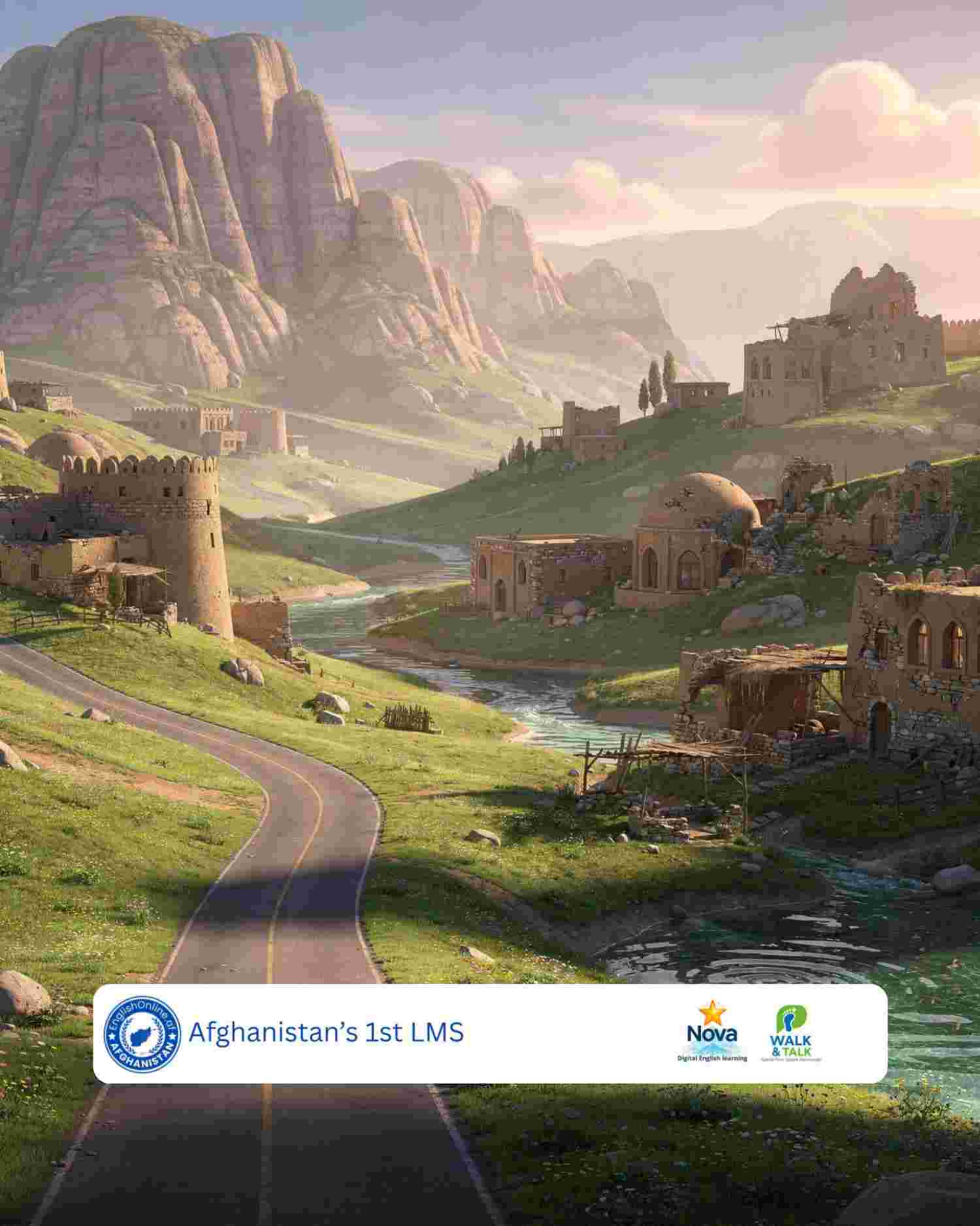
# Vocabulary

English	Form s	Pashto (پښتو)	Dari (دری)
trip	noun	سفر	سفر
view	noun	منظره	منظره
nature	noun	طبیعت	طبیعت
mountain	noun	غر	کوه
valley	noun	دره	دره
pack	verb	د سفر سامان راټولول	لوازم سفر را جمع کردن
suitcase	noun	د جامو بکس	بکس لباس
medicine	noun	درمل	دارو
expensive	adj	گران، قیمتي	گران قیمت
local	adj	سیمه ایز	محلّی
explore	verb	سیاحت کول	سیاحت کردن



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# Topic Talk

## Exploring Afghanistan

I love traveling, especially in my country. I often go on trips with my family or friends. My favorite place is **Bamyan Valley** because I enjoy the nature. It has tall mountains, green valleys, and rivers. The view is breathtaking.

Before I travel, I check the weather, food, famous sites, and how to get there. I pack my suitcase with clothes, medicine, food, a map, and my camera.

I enjoy traveling by car because there aren't many flights inside Afghanistan, and flights can be expensive. When I travel, I take photos, meet local people, and try local food.

If I travel with my family, we usually eat at hotels or local restaurants. If I travel with friends, we often cook our own meals.

Traveling is a great way to learn. You can see how people live, understand their culture, and even learn some local words. I recommend everyone to explore and enjoy life.



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# Grammar Explanation

## Present Simple for Habits

We use the **present simple** to talk about habits and routines.

Example: *I usually go on trips with my family.*

پښتو

موږ د عادتونو او ورځني کارونو لپاره اوسنی ساده استعمالوو.

دري

برای صحبت درباره عادات و روال روزانه، از حال ساده استفاده می‌کنیم.



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# Rules for Present Simple

**Use base verbs for I/You/We/They**

*I travel every summer.*

1

پښتو: د I/You/We/They لپاره فعل په ساده ډول  
استعمالیږي

دري: برای I/You/We/They فعل ساده استفاده می‌شود

**Add -s for He/She/It**

*She enjoys the mountains.*

2

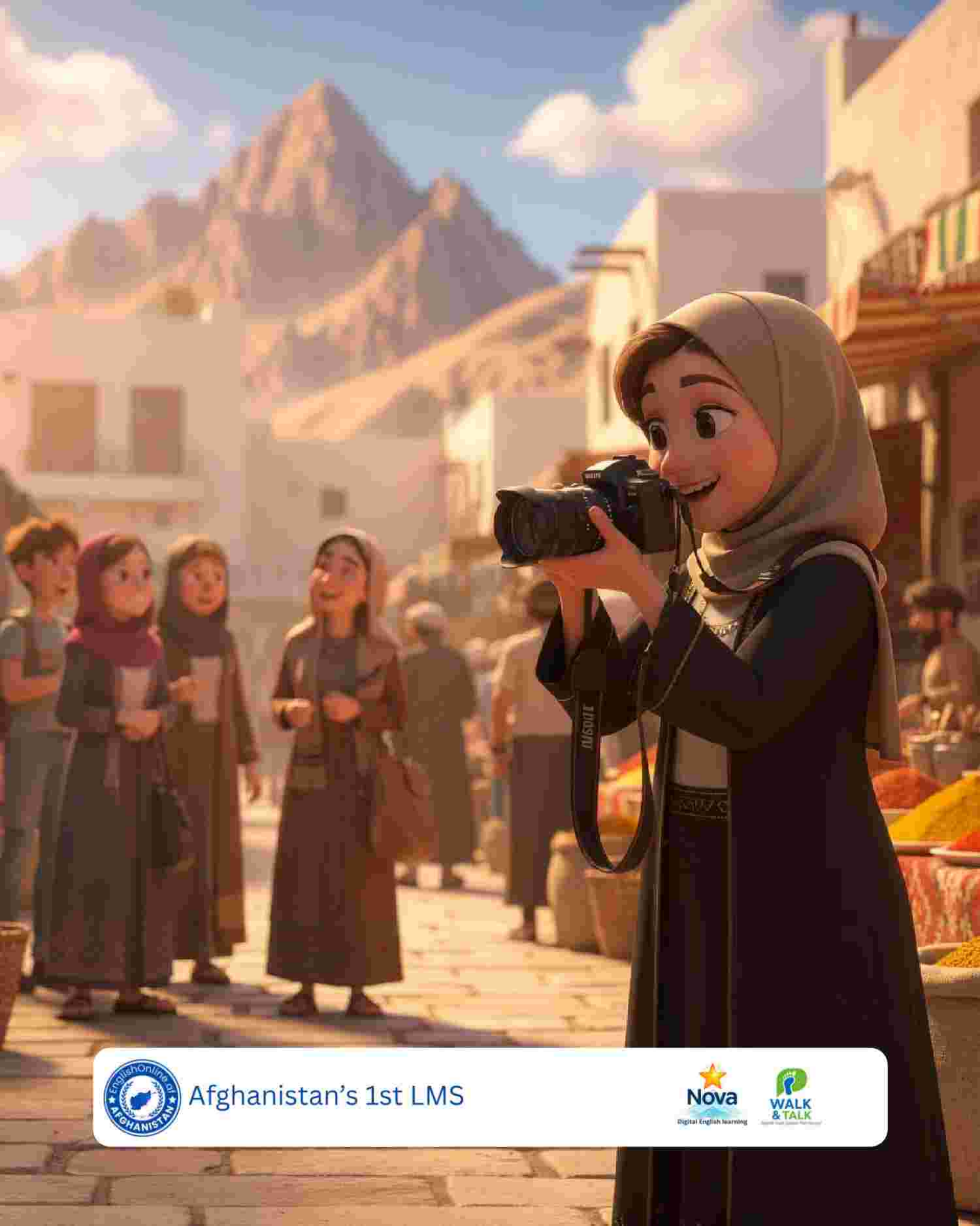
پښتو: د He/She/It لپاره د فعل په اخر کې s/ies اضافه  
کړئ

دري: برای He/She/It به انتهای فعل s/ies اضافه  
می‌کنیم



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# Examples

**1** I visit Kabul every summer.

پښتو: زه هر اوړی کابل ته ځم

دري: من هر تابستان به کابل می‌روم

**2** My brother takes photos on trips.

پښتو: زما ورور د سفر پر مهال عکسونه اخلي

دري: برادرم در طول سفر عکس می‌گیرد

**3** We try local food when we travel.

پښتو: موږ د سفر پر مهال سیمه ایز خواړه خوړو

دري: وقتی سفر می‌کنیم، غذای محلی را امتحان می‌کنیم



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## Review

We talked about travel habits, packing, favorite places, and how to use the present simple for routines.



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# Congratulations!

Traveling helps you learn, explore, and enjoy life. Keep discovering!



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