



Nova 5

Lesson 13

Cell Phone Manners

پښتو: د موبایل د کارونې آداب
دري: آداب استفاده از موبایل



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Talking Together

Stories from Afghanistan



Learning Objectives

1

Polite Phone Use

Learn polite ways to use a cell phone in different situations.

2

Effects on Others

Understand the effects of careless phone use on others.

3

Transition Words

Practice using transition words to explain relationships between ideas.



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Vocabulary in Context

English	پښتو	دري
etiquette	اداب	آداب
article	مقاله	مقاله
explain	تشریح کول	توضیح دادن
point	ټکی	نکته
convenient	اسانه، راحت	راحت، آسان
address	په گوته کول	اشاره کردن
switch off / turn off	بندول، خاموش کول	خاموش کردن
furthermore	سربیره پر دې	علاوه بر این
cause	لامل کیدل	باعث شدن
neglect	له پامه غورزول	بی توجهی
annoying	مزاحم	مزاحم
constantly	دائماً	به طور مداوم



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Topic Talk

Dear learners, using a cell phone politely is very important in Afghanistan, especially at school, home, or public places. Always switch off your phone or put it on silent in classrooms, meetings, and crowded areas. Ask permission before leaving a room for a call, and avoid long conversations in shared spaces.

Using phones carelessly can annoy friends and disturb face-to-face conversations. Additionally, using your phone while walking, driving, or working can be dangerous. Always pay attention to your surroundings.

Grammar Focus

Transition Words

Transition words connect ideas. Common Afghan-context examples:



thus / therefore / that's why
→ show result



in addition / additionally / furthermore / in fact
→ give more information



likewise / similarly
→ compare



in contrast / on the other hand / however
→ contrast



for example / for instance
→ give examples

پښتو

انتقالي کلمې:

- thus / therefore → نتیجه ښودل
- in addition / furthermore → نور معلومات ورکول
- likewise → پرتله کول
- in contrast → توپیر ښودل
- for example → مثال ورکول

دري

کلمات انتقالي:

- thus / therefore → نشان دادن نتیجه
- in addition / furthermore → ارائه اطلاعات بیشتر
- likewise → مقایسه
- in contrast → تضاد
- for example → مثال دادن



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Reading

Cell Phone Etiquette

By: Laila Wardak, Kabul

Dear **Sunday Globe**, I am writing about your article "Cell Phones Make Life Easier." You explained the good points of phones: they're convenient, we feel safer, and they help in business. But you didn't mention the bad points. I want to give readers advice on **cell phone etiquette**.

1 When not to use your phone

Switch off or mute in class or meetings. If a call is urgent, ask permission and keep it short. For long talks, ask to call back at a convenient time.

2 Personal space

Avoid calls in small or crowded rooms. It disturbs others' conversations. Only use phones near others in emergencies.

3 Dangers of multitasking

Don't text while walking or driving; it can be dangerous. Always watch where you go.



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Rules for Polite Phone Use

1 Silent or off in class/meetings

Example: "Zahra switches off her phone during lessons."

پښتو: زهرا د درس پر مهال خپل موبایل بندوي.

دري: زهرا در حين درس موبایل خود را خاموش می‌کند.

2 Keep calls short in shared spaces

Example: "Ali asked for permission before answering the call."

پښتو: علي زنگ ته د ځواب ورکولو مخکې اجازه وغوښته.

دري: علي قبل از پاسخ دادن به تماس اجازه گرفت.

3 Avoid multitasking dangers

Example: "You should not text while crossing the street."

پښتو: تاسو باید د سړک تیریدو پر مهال تلیفونې پیغام ونه لیرئ.

دري: نباید هنگام عبور از سړک پیامک بفرستید.



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Examples

1	<p>"I turn off my phone when I enter the classroom."</p>
پښتو: زه کله چې ټولګي ته داخل شم خپل موبایل بندوم. دري: وقتی وارد صنف می شوم، موبایلم را خاموش می کنم.	
2	<p>"We should not disturb friends by checking messages constantly."</p>
پښتو: مور باید په موبایل کې هر دقیقه مسجونه چک نکړو او د خپلو ملګرو مزاحمت ونه کړو. دري: نباید با چک کردن مداوم پیامها دوستان را اذیت کنیم.	
3	<p>"You should walk carefully while texting."</p>
پښتو: تاسو باید د پیغام لیرلو پر مهال په احتیاط سره منزل وکړئ. دري: هنگام ارسال پیامک باید با احتیاط راه بروید.	



Review



Always switch off or mute phones in class or meetings.



Keep calls short and polite; respect personal space.



Avoid multitasking; pay attention to safety.



Use transition words to connect ideas clearly.

پښتو

تل په ټولګي يا غونډو کې موبایل بند يا
بی غږه وساتئ.

زنګونه لنډ او مؤدب کړئ؛ د شخصي
حریم احترام وکړئ.

یوه جمله له بلې جملې سره د ارتباط
لپاره د انتقالی کلمو کار واخلي.

دري

همیشه در صنف یا جلسات موبایل را
خاموش یا بی صدا کنید.

تماس‌ها را کوتاه و مودبانه نگه دارید؛ به
حریم شخصی احترام بگذارید.

هنگام انجام چندین کار بودن مراقب
باشید؛ مصون باشید.

از کلمات انتقالی برای اتصال جملات
استفاده کنید.



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Congratulations!

Great job! You now know how to **use your cell phone politely and respect others' space**. Keep practicing and be a responsible digital citizen!



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